

21 Day Fasting devotional

*Intimacy With
God*

By: Elijah J. Yalartai



Day 1: God's Desire for Relationship

Old Testament: Genesis 3:8-9

New Testament: John 15:4



Reflection: From the beginning, God sought intimacy with humanity. In Christ, we are invited to abide in Him daily. What an excellent privilege and love that we should be granted intimacy with our maker

Challenge yourself in obedience to respond to God's call for relationship today, remember that God desires not only relationship with man but also fellowship through his Holy Spirit.

Prayer: *Lord, help me to hear Your voice and draw close to You today. Silence every voice that seeks to remove me from my position in you, I abide in you this day.*

Day 2: Created for His Glory

Old Testament: Isaiah 43:1-7

New Testament: Ephesians 2:10



Reflection: You were created for God's glory and purpose. Meditate on how precious you are to Him.

Meditate on the fact that anything beneath glory and power is beneath his plan for you.

We are set apart consecrated for his glory to be seen through us.

(1 Peter 2:9-12)

Prayer: *Father, thank You for creating me with a purpose. I declare that I am your workmanship created for good works. Teach me to live for Your glory.*

Day 3: Drawing Near with Confidence

Old Testament: Psalm 27:4

New Testament: Hebrews 4:16



Reflection: God invites us to approach Him boldly.

In what ways have you practice coming into His presence with trust today? It is the place of trust that positions us in the place of stillness.

Be still before him today.

Prayer: *Oh Lord, teach me to draw near to You with confidence, teach me how to walk in Your love for me, I thank you that I have found grace to help me in this day of fasting.*

Day 4: Listening to His Voice

Old Testament: 1 Samuel 3:10

New Testament: John 10:27



Reflection: God speaks to those who listen. Take time today to quiet your heart and hear Him.

The soul is often a market place of noise, buying into every distraction, in this day let your heart not be troubled with those things.

Prayer: *Oh Lord, open my ears to hear Your voice clearly, for your word says, that ye shall hear a voice behind you, Oh Lord I want to hear you.*

Day 5: Delighting in His Word

Old Testament: Psalm 119:105

New Testament: Matthew 4:4



Reflection: God's Word sustains and guides us. How can you delight in it today? John 1:1 tells us that in theory beginning was the word.

In this day remember that the sword of the spirit is the word out of your mouth spoken with a heart that is burning with faith, speak the word!

Prayer: *Oh Lord, make Your Word come alive in my heart, I declare according to Matthew 4:4 that I as a man can not live without your word*

Day 6: Trusting Him Fully

Old Testament: Proverbs 3:5-6

New Testament: Romans 8:28



Reflection: Trusting God is foundational to intimacy. Reflect on areas where you need to surrender control to Him.

Fear is often the result of not being in control, the voice of fear produces anxiety and displaces from intimacy.

When the mind and the heart are at war the result of that torment shows up daily.

Prayer: *Oh Lord, I choose to trust You in every circumstance, I relinquish my fears unto you and I declare that all things are working for my good.*

Day 7: Worship as Intimacy

Old Testament: Psalm 95:6

New Testament: John 4:23



Reflection: Worship connects our hearts to God. We must remember that there is truth aspect to our worship.

The strength of our worship is in accordance to the level of authority the truth has in our life.

How can you worship Him wholeheartedly today?

Prayer: *Oh Lord, may my worship draw me closer to Your heart, help me to worship you not in a form but in truth.*

Day 8: God's Unfailing Love

Old Testament: Lamentations
3:22-23

New Testament: Romans 5:8



Reflection: God's love is constant and unchanging. The love of God is not merely a thing we are to feel.

It is by his love we have been positioned in the beloved son, who died for us while we were yet sinners. Meditate on His love today.

Prayer: *I want to say Thank You Lord, for Your steadfast love. Thank you for sending Jesus to die for me in my undeserving state.*

Day 9: Faithfulness in Prayer

Old Testament: Daniel 6:10

New Testament: Philippians 4:6



Reflection: Prayer is the key to intimacy with God. The bible summed up the great Prophet Elijah the Tishbite in 3 words, “Elijah He Prayed” may this be your testimony.

How can you be more intentional in your prayer life today?

Prayer: *Oh Lord, draw me to You through prayer and help me stay faithful in it. This day I give myself as a living sacrifice unto the altar of prayer.*

Day 10: Walking in Obedience

Old Testament: Isaiah 43:1-7

New Testament: Ephesians 2:10



Reflection: You were created for God's glory and purpose. Meditate on how precious you are to Him.

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We are set apart consecrated for his glory to be seen through us.

(1 Peter 2:9-12)

Prayer: *Father, thank You for creating me with a purpose. Teach me to live for Your glory.*

Day 11: Resting in His Presence

Old Testament: Exodus 33:14

New Testament: Matthew 11:28



Reflection: God invites us to rest in His presence. The rest that God invites us to is predicated on one major understanding.

We must learn how to continuously trust in what he has already done, we are called to what is done first not what we must do.

How can you find true rest in Him today?

Prayer: *Father, thank You for creating me with a purpose. Teach me to live for Your glory and Your glory alone .*

Day 12: God's Perfect Peace

Old Testament: Isaiah 26:3

New Testament: John 14:27



Reflection: God's peace guards our hearts when we trust Him.

The greek word *Parakletos* “One called alongside to help” this is the Holy Spirit. Let us remember that we have been given an indwelling Paraclete to help our infirmity and ignorance which is often the cause for our lack of peace.

Where do you need His peace today?

Prayer: *Lord, fill me with Your perfect peace, the peace that surpasses all understanding as I fix my mind on You.*

Day 13: The Joy of His Presence

Old Testament: Psalm 16:11

New Testament: John 15:11



Reflection: God's presence brings fullness of joy.

Let us remember that we are to be in his presence always, we are not to be visitors to be dwellers.

How can you experience His joy today?

Prayer: *Oh Lord, fill my heart with the joy of being in Your presence.*

Day 14: The Power of Praise

Old Testament: Psalm 34:1

New Testament: 1 Thessalonians
5:18



Reflection: Praise transforms our perspective. Take time to praise God, no matter your circumstances.

Prayer: *Oh Lord, I praise You for who You are and all You have done in my life.*

Day 15: God as Our Shepherd

Old Testament: Psalm 23:1-3

New Testament: John 10:11



Reflection: Jesus is the Good Shepherd who leads and cares for us.

Because the “Good Shepherd” gave his life for the sheep he became the door to salvation. Whatever it is know that the “Good Shepherd” will guide you through.

How can you trust His guidance today?

Prayer: *Oh Lord, thank You for being my Shepherd. Lead me in Your paths. The plain paths of righteousness.*

Day 16: The Holy Spirit's Role

Old Testament: Joel 2:28-29

New Testament: John 14:26



Reflection: The Holy Spirit helps us draw closer to God. Invite Him to work in your heart today.

Prayer: *Holy Spirit, fill me and guide me closer to the Father.*

Day 17: God's Unchanging Character

Old Testament: Malachi 3:6

New Testament: Hebrews 13:8



Reflection: God is the same yesterday, today, and forever.

It is because of unchanging position that we trust in him, his counsel is immutable.

Meditate on His unchanging faithfulness.

Prayer: *Oh Lord, thank You for being steadfast and unchanging.*

Day 18: God as Our Refuge

Old Testament: Isaiah 43:1-7

New Testament: Ephesians 2:10



Reflection: You were created for God's glory and purpose. Meditate on how precious you are to Him.

Meditate on the fact that anything beneath glory and power is beneath his plan for you.

We are set apart consecrated for his glory to be seen through us.

(1 Peter 2:9-12)

Prayer: *Father, thank You for creating me with a purpose. Teach me to live for Your glory.*

Day 19: Walking in the Light

Old Testament: Isaiah 60:1

New Testament: 1 John 1:7



Reflection: God calls us to walk in His light.

Let us remember that All things are made manifest by the light.

How can you reflect His light to others today?

Prayer: *Oh Lord, help me to walk in Your light and shine it to others. Let your light reveal the things are yet hidden to me, let your glorious light shine in my life.*

Day 20: Abiding in His Love

Old Testament: Zephaniah 3:17

New Testament: John 15:9-10



Reflection: God delights in you and invites you to abide in His love.

Remember one of the purposes of abiding, into bear fruit. His love wants to make a us a well watered tree.

Meditate on His love today.

Prayer: *Oh Lord, thank You for Your love. Help me to abide in it always.*

Day 21: The Promise of His Presence



Old Testament: Joshua 1:9

New Testament: Matthew 28:20

Reflection: God promises to be with us always. How can you carry this promise into your daily life?

Prayer: *Oh Lord, thank You for Your presence. Help me to walk closely with You every day.*

I pray that as you journey through your 21 days of fasting that, you remember the command “Abide In Me”

This is to know that your life has a burden bearer, he desires that there be no part of your life in which he cannot share, the life you have now doesn't mean that you are not conscious to sin but, that you would allow nothing to separate you from him.

1 John 1:3 That which we have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowship is with the Father, and with his son Jesus Christ

My beloved brother or sister may your fellowship with him never be broken, may you always be intimate with God.

Elijah Yalartai